

Northern Virginia Clinical Psychologists Continuing Education & Diversity Committees

Present a 3-Part CEU Diversity Program Series (4CEs)

Date/Time: Friday, 10/16/20, 11/20/20, & 1/29/21

Place: Zoom; You will receive a Zoom invite for each virtual meeting after your Paypal payment is received

Cost: \$40.00 for NVCP Members / \$60.00 for non-NVCP Members / \$20.00 for Clinical Students

Program Overview: This training is designed to provide participants with a breadth of knowledge surrounding areas relevant to diversity within the psychology practice setting. Presenters will introduce and review socio-political challenges, assessment models, as well as strategies and techniques for treating different populations. Ethical considerations, to include cultural competencies, will be integrated into each session. The last session will include a case study presentation. All presentations will offer a brief opportunity for participant questions.

October 16, 2020: 2-3:30pm

Affirmative Psychotherapy with LGBTQ+ Individuals. Presenter: Scott Kryzstofiak, PsyD

November 20, 2020: 2-3pm

Mental Health in the Black Community. Presenter: Sandra Barnes, PhD

January 29, 2020: 2-3:30pm

Intra-cultural Prejudice and Countertransference: The impact of Class, Gender, and Religion on the Therapy of an Adolescent Immigrant Female. Presenter: Mona Abuhamda, PsyD

Learning Objectives:

Participants will learn to -

1. Identify and describe four elements relevant to culturally competent assessments.
2. Evaluate and select approaches and techniques particularly relevant to treating those within Black, LGBTQ+, and other minority communities.
3. Identify ethical and socio-political concerns when working with identified populations.
4. Identify personal prejudices and at least two ways prejudices may influence the treatment process.

Speakers:

10/16/20: Dr. Scott Kryzstofiak, PsyD is a Licensed Clinical Psychologist who works at a group practice in Alexandria, VA. He obtained his Master's degree in Counseling Psychology from Towson University and a doctoral degree in Clinical Psychology from the American School of Professional Psychology at Argosy University, Washington DC in 2011. He works primarily with adults, providing psychotherapy and psychological assessments. Dr. Kryzstofiak uses cognitive-behavioral therapy to help clients experiencing anxiety, depression, adjustment problems, relationship issues, and grief. While he has worked with various populations, a significant part of his clinical work has focused on the LGBTQ+ community. He presently serves as the Diversity Chair for Northern Virginia Clinical Psychologists (NVCP).

11/20/20: Dr. Sandra Barnes, PhD is a licensed psychologist in Southern Maryland, where she operates the Center for Assessment and Therapy as the corporation's CEO. She received her undergraduate degree in Industrial Management with an emphasis in Industrial Engineering from Clemson University and her Masters Degree in Organizational Psychology from Columbia University. Dr. Barnes obtained her Doctorate in Psychology from Fielding Graduate University. Dr. Barnes specializes in conducting comprehensive evaluations of court-involved juveniles and other individuals within the community who may be experiencing a wide range of cognitive, developmental, social and emotional issues. In addition to providing consultation services, Dr. Barnes maintains an adjunct faculty position at The College of Southern Maryland, is a member of the Maryland Psychological Association, and regularly engages in volunteer work aimed at advocating for social justice in the area of mental health.

1/29/20: Dr. Mono Abuhamda, PsyD, a naturalized immigrant from Cairo, Egypt, completed her doctoral training at The George Washington University in 2003. She serves as clinical faculty at The George Washington University, school of professional psychology and is in private practice in Mclean, VA. Additionally, Dr. Abuhamda is an independent consultant providing clinical services at Washington Behavioral Health an outpatient day treatment hospital for adolescent and adult patients with co-occurring disorder in Woodbridge, VA.

Registration Information:

Registration for this 3-part series will be processed through the NVCP website, using Paypal as the only payment method. Individuals are not required to have a Paypal account to use this option. The fee for the CE series includes the option to participate in one, two, or all of the presentations for the same cost. Participants will be offered a pro-rated CE credit for the number of presentations (in their entirety) they attend. For example, if someone attends the first two presentations, they will receive 2.5 credits. If they attend all of them, they will receive a certificate with 4 CE credits. At the beginning of each presentation, attendees will be asked to complete a quick survey (with a provided link) that will document their arrival and help NVCP track who attends. All certificates will be sent early February, after the completion of the series.

In order to register, please visit the NVCP website and select the appropriate ticket category, which will bring you to "Paypal." Please ensure your name and appropriate email are listed. Once you have paid with Paypal, you are registered. An email will be sent to the email listed on Paypal with the link to the Zoom meetings.

If you are unfamiliar with Zoom or may require technical assistance, please login 15 minutes early. Once the presentation has started, no technical assistance will be available. Participants will be muted when they arrive and are asked to remain muted until the question/answer session. For your awareness, presentations may be recorded.

Questions and concerns may be directed to the NVCP Chair, Tiffany Duffing, PhD, at DrDuffing@ThrivingLifeServices.com. Please be aware that replies may take up to 48 hours.

Northern Virginia Clinical Psychologist (NVCP) is a regional organization of the Virginia Academy of Clinical Psychologists whose goal is to develop a collegial support network for Northern Virginia-based clinical psychologists and those studying to be licensed. NVCP hosts at discounted cost (\$55.00 for members) CE events, quarterly newsletters, message board forum, and a website (www.nv-cp.org). It is the largest regional academy of psychologists and provides many networking opportunities for its members. For more information about NVCP, please contact Laurentia Ruby at laurentia.ruby@verizon.net, or call 703-839-2523, or visit website at www.nv-cp.org. Be sure to join soon, as membership is based on a calendar year.