

Northern Virginia Clinical Psychologists

Presents a 3-CEU Program on Friday, March 13th, 2020

Childhood Trauma: The Invisible Wounds and Lifetime Effects

Panel Discussants: Jan Beaugard, PhD & Jane Fitzgerald, PhD

Moderator: Tiffany Duffing, PhD

Date/Time: Friday, March 13th, 11:00 am - 4:00 pm

Place: Maggiano's Little Italy at Tyson's II Galleria
2001 International Drive, McLean, Virginia 22102. (Phone 703-356-9000)

Cost: \$60.00 for NVACP Members / \$110.00 for non-NVACP Members / \$30.00 for Clinical Students

Menu: Family style luncheon to include vegetarian and non-vegetarian selections

Program Schedule:	11:00 am to 11:30 am	Registration, Meet & Greet
	11:30 am to 1:00 pm	Lunch, Networking, Announcements
	1:00 pm to 4:00 pm	CE Program

Program Overview: This training is designed to give participants a deeper understanding of the complex and long-term injuries that can occur as a result of childhood trauma. The documentary **Cracked Up: The Long Arm of Childhood Trauma**, featuring Saturday Night Live Veteran Darrell Hammond, will be presented. Expert panelists will lead a discussion about the difficulties in assessing, treating, and living with the effects of childhood trauma. Specifically, panelists will elicit documentary reactions from participants and encourage reflection on common invisible injuries such as shame, self-blame, abandonment, and neuroadaptations as well as secondary effects such as substance abuse, self-harm, and maladaptive relationship patterns.

Learning Objectives:

Participants will learn to:

1. Identify and describe 5 invisible injuries of childhood trauma
2. Identify and describe the impact of stigma on the trauma recovery process
3. Reframe experienced childhood trauma as an injury versus illness
4. Facilitate a healing narrative when working with clients who have experienced a childhood trauma

Speaker: Dr. Jan Beaugard received her Ph.D. in Counseling from George Mason University in 2001. She is a Licensed Professional Counselor in the State of Virginia, a Certified Substance Abuse Counselor, a Certified Sex Addiction Therapist, a Certified EMDR Consultant, a Certified Imago Relationship Therapist, Certified as a Sensorimotor Psychotherapist and a LifeForce Yoga® Treatment Practitioner. Dr. Beaugard has more than twenty years combined experience as an educator/counselor and specializes in adolescent/adult addiction, trauma, compulsive behavior and recovery issues. She received a Fellowship Award from ISSTD in 2016 for her work in the field of dissociation and addiction and maintains a practice at the Integrative Psychotherapy Institute.

Northern Virginia Clinical Psychologist (NVCP) is a regional organization of the Virginia Academy of Clinical Psychologists whose goal is to develop a collegial support network for Northern Virginia-based clinical psychologists and those studying to be licensed. NVCP hosts at discounted cost (\$60.00 for members) CE events, quarterly newsletters, message board forum, and a website (www.nv-cp.org). It is the largest regional academy of psychologists and provides many networking opportunities for its members. For more information about NVCP, please contact Laurentia Ruby at laurentia.ruby@verizon.net, or call 703-839-2523, or visit website at www.nv-cp.org. Be sure to join soon, as membership is based on a calendar year.

Northern Virginia Academy of Clinical Psychologists

Presents a 3-CEU Program on Friday, March 13, 2020

Childhood Trauma: The Invisible Wounds and Lifetime Effects

Panel Discussants: Jan Beauregard, PhD & Jane Fitzgerald, PhD

Moderator: Tiffany Duffing, PhD

REGISTER ONLINE at WWW.NV-CP.ORG

or mail in registration slip

no later than March 6th

Northern Virginia Clinical Psychologists
Tiffany Duffing, Ph.D.
NVCP Continuing Education Program Chair
5272 Lyngate Court, Suite 201
Burke, VA 22015

CE Credits: Three (3.0) Virginia Academy of Clinical Psychologists (VACP) continuing education unit credits. The VACP accredits and maintains responsibility for this program. Note: Attendance for the entire presentation is required to receive credit.

To Register: To register and pay online go to www.nv-cp.org. To register by mail, fill out the registration form below and mail it, along with your check payable to "NVCP", to Tiffany Duffing, 5272 Lyngate Court, Suite 201, Burke, VA 22015. If paying by check, please **note the program date on the check**. If you have questions, email Tiffany at DrDuffing@ThrivingLifeServices.com

Refunds: Due to planning requirements, we are unable to offer refunds. You may defer attendance to the following CE event with a 72-hour email notice.

.....*tear off*.....

Registration form for Friday, March 13, 2020

(Registrations due by Friday March 6, 2020)

Print name _____ Degree _____

E-mail: _____ Work Phone _____